

# BUILDING CHAMPIONS

swim

Do you like physical sports?

Do you want to get... faster, stronger, and  
improve your balance?

FUN

Become a champion...learn skills & drills to  
successfully attack & defend  
in the sport of wrestling.

(This camp has produced multiple all-state wrestlers since its 2002 inception)

Ages: grades 2-9...wrestlers are grouped by size, age, and experience.

Where: Adams High School aux. gym

When: End of July / Beginning of August

Registration: rec enrichment (248-726-3125)

Cost: \$128 = Mon-Fri, 8:30-2:30 & T-shirt

Campwide tournament

Scrap  
scrap



ROCHESTER AREA YOUTH WRESTLING CAMP